



### 1. PREAMBLE

DragonBoat SA is committed to fairness, equity and good sportsmanship in dragon boat racing. DBSA aims to provide the best possible environment in which its participants can excel and its officials and administrators can discharge their responsibilities to ensure the participants are able to be and perform at their best. The Code of Conduct is designed to ensure that appropriate forms of behaviour are adopted and be and remain the norm for all persons associated with dragon boat racing in Australia

This document shall be known as the Australian Dragon Boat Federation Code of Conduct (The Code).

The Code governs the conduct of all persons with official positions within DBSA, all persons associated with DBSA sanctioned dragon boat racing events, those who may from time to time be a member of DBSA representative teams and all members of DBSA members.

Any breach of the Code may be dealt with according to Rule 5 or rule 10 of the DBSA Constitution.

In the Code unless otherwise stated the words 'person' or 'persons' shall include but are not limited to

- a. a delegate to DBSA who represents a member state of DBSA;
- b. a person elected or appointed to or otherwise a member of DBSA Board;
- c. a person who is an employee of DBSA;
- d. a person who is elected or appointed to any commission, committee or other body established by DBSA for the promotion of its objects;
- e. a person who holds DBSA approved officials certification;
- f. a person who is a member of a dragon boat racing team competing at an DBSA sanctioned event as an athlete, captain, coach, head coach, equipment manager, manager, assistant manager, doctor, assistant doctor, physiotherapist, sports scientist, masseur, media representative, sports psychologist or any other persons who is appointed to a team position.
- g. a person who is a member of a State Representative Team sanctioned by DBSA either as an athlete, captain, coach, head coach, equipment manager, manager, assistant manager, doctor, assistant doctor, physiotherapist, sports scientist, masseur, media representative, sports psychologist, DBSA Delegate, Team Official or any other persons who is appointed to State Team position a person who is a member of a member of DBSA.

### 2. GENERAL CODE OF CONDUCT

As a person required to comply with this Code, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by DBSA and in any role you hold within DBSA:

- a. Respect the rights dignity and worth of others.
  - b. Be fair, considerate and honest in all dealing with others.
  - c. Be professional in, and accept responsibility for your actions.
  - d. Make a commitment to providing quality service.
  - e. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
  - f. Be aware of, and maintain an uncompromising adherence to DBSA standards, rules, regulations and policies.
  - g. Operate within the rules of DBSA including national and international registered guidelines that govern DBSA.
  - h. Understand your responsibility if you breach, or are aware of any breaches of this Code of Conduct.
  - i. Do not use your involvement with DBSA to promote your own beliefs, behaviours or practices where these are inconsistent with those of DBSA.
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- j. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
- k. Refrain from any form of abuse towards others.
- l. Refrain from any form of harassment towards, or discrimination of, others.
- m. Provide a safe environment for the conduct of the activity.
- n. Show concern and caution towards others who may be sick or injured.
- o. Be a positive role model.

### 3. ADMINISTRATOR CODE OF CONDUCT

In addition to the General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held by or under the auspices of DBSA and in any role as an administrator of DBSA:

- a. Be fair, considerate and honest in all dealing with others.
- b. Be professional in, and accept responsibility for your actions. Your language, presentation, manners and punctuality should reflect high standards.
- c. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.
- d. Resolve conflicts fairly and promptly through established procedures.
- e. Maintain strict impartiality.
- f. Maintain a safe environment for you and others.
- g. Be aware of your legal responsibilities.
- h. Be a positive role model for others.

### 4. COACH CODE OF CONDUCT

In addition to the Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by DBSA and in your role as a coach of DBSA:

- a. Treat all paddlers with respect at all times. Be honest and consistent with them.
- b. Honour all promises and commitments, both verbal and written.
- c. Provide feedback to paddlers in a caring sensitive manner to their needs. Avoid overly negative feedback.
- d. Recognise paddlers' rights to consult with other coaches and advisers. Cooperate fully with other specialists (eg. sports scientists, doctors, physiotherapists etc).
- e. Treat all paddlers fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status, and other condition.
- f. Encourage and facilitate paddlers' independence and responsibility for their own behaviour, performance, decisions and actions.
- g. Involve the paddlers in decisions that affect them.
- h. Determine, in consultation with paddlers and others, what information is confidential and respect that confidentiality.
- i. Encourage a climate of mutual support among your paddlers.
- j. Encourage paddlers to respect one another and to expect respect for their worth as individuals regardless of their level of play.
- k. At all times use appropriate training methods that in the long term will benefit the paddlers and avoid those which could be harmful.
- l. Ensure that the tasks/training set are suitable for age, experience, ability and physical and psychological conditions of the paddlers.
- m. Be acutely aware of the power that you as a coach / registered instructor and guide develop with your paddlers in the coaching relationship and avoid any sexual intimacy with paddlers that could develop as a result.



- n. Avoid situations with your paddlers that could be construed as compromising.
- o. Actively discourage the use of performance enhancing drugs, the use of alcohol and tobacco and illegal substance.
- p. Respect the fact that your goal as a coach / registered instructor and guide for the paddler may not always be the same as that of the paddler. Aim for excellence based upon realistic goals and due consideration for the paddler's growth and development.
- q. Recognise individual differences in paddlers and always think of the paddler's long-term best interests.
- r. Set challenges for each paddler which are both achievable and motivating.
- s. At all times act as a role model that promotes the positive aspects of sport and of dragon boat racing by maintaining the highest standards of personal conduct and projecting a favourable image of the sport of dragon boat racing and of coaching at all times.
- t. Do not exploit any coaching relationship to further personal, political, or business interests at the expense of the best interest of your paddlers.
- u. Encourage paddlers and coaches to develop and maintain integrity in their relationship with others.
- v. Respect other coaches / registered instructors and guides and always act in a manner characterised by courtesy and good faith.
- w. When asked to coach a paddler, ensure that any previous coach-paddler relationship has been ended by the paddler-others in a professional manner.
- x. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
- y. Know and abide by DBSA rules, regulations and standards, and encourage paddlers to do likewise. Accept both the letter and the spirit of the rules.
- z. Be honest and ensure that qualifications are not misrepresented.
- aa. Be open to other people's opinion and willingness to continually learn and develop.

### **5. PADDLER CODE OF CONDUCT**

In addition to the Code of Conduct, you must meet the following requirements in regard to your conduct during any regatta or activity held or sanctioned by DBSA:

- a. Respect the rights, dignity and worth of fellow paddlers, coaches, registered instructors and guides, officials and spectators.
- b. Refrain from conduct which could be regarded as sexual or other harassment towards fellow paddlers and coaches / registered instructors and guides.
- c. Respect the talent, potential and development of fellow squad members and competitors.
- d. Care and respect the equipment provided to you as part of your program.
- e. Be frank and honest with your coach / registered instructor and guide concerning illness and injury and your ability to train fully within the program requirements.
- f. Conduct yourself in a professional manner relating to language, temper and punctuality.
- g. Maintain high personal behaviour standards at all times.
- h. Abide by the rules and respect the decision of the adjudicator, making all appeals through the formal process and respecting the final decision.
- i. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team/crew.
- j. Cooperate with coaches, registered instructors and guides and staff in development of programs to adequately prepare you for competition at the highest level.

### **6. OFFICIAL CODE OF CONDUCT**

In addition to General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by DBSA and in your role as an official appointed by DBSA:

- a. Place the safety and welfare of the paddlers/participants above all else.
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- b. Accept responsibility for all actions taken.
- c. Be impartial.
- d. Avoid any situation that may lead to a conflict of interest.
- e. Be courteous, respectful and open to discussion and interaction.
- f. Value the individual in sport.
- g. Encourage inclusivity and access to all areas of officiating.

### **7. JUNIOR CREW PARENT/GUARDIAN CODE OF CONDUCT**

In addition to the General Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by DBSA and in your role as a parent/guardian of a paddler at any activity held or sanctioned by DBSA:

- a. Treat your child the same irrespective of them winning or losing.
- b. Remember that your child participates in the sport of dragon boat racing for their enjoyment not yours.
- c. Try to have fun when you are around your children at competitions and regattas.
- d. Well-directed humour can be a great de-stressor.
- e. Look relaxed, calm and positive on the sidelines.
- f. Make friends with other parents at competitions.
- g. Get involved in appropriate ways if your child or the coach behaves in unacceptable ways during competitions.
- h. Let the coach do the coaching.
- i. Understand that children will benefit from a break sometimes and that involvement in other sports is okay.
- j. Be there when your child performs poorly. Be an understanding listener rather than a critic, judge and/or fixer.
- k. Be prepared to give your child some space so that he/she can grow and develop as an independent person.
- l. Let your child know that your love for them is not associated with their sporting performances.
- m. Communicate with your child and ask them how they are really feeling about their sport and about competing in particular.
- n. Occasionally let your child compete without you being there and hovering over them.
- o. Emphasise the good things your child did in preparing for and during the competition/regatta.
- p. Try to avoid:
  - i. Saying "we're racing today". Instead say "you're racing today". Give your child credit for accepting the responsibility of performing.
  - ii. Getting too pushy or believe that you are indispensable. Let the coach do the coaching.
  - iii. Living through your child's performances.
  - iv. Turning away when your child performs.
  - v. Turning away when your child's behaviour is unsportsmanlike.
  - vi. Telling your child what he/she did wrong after a tough race.
  - vii. Making enemies with your child's opponents or family during a competition/regatta.
  - viii. Making your child feel guilty by reminding them about all the time, money and sacrifices you are making for his or her sport.
  - ix. Thinking of your child's sporting performances as an investment for which you expect a return.
  - x. Badgering, harassing or use sarcasm to motivate your child.
  - xi. Comparing your child's performances with those of other children.
  - xii. Forcing your child to go to training. If they are sick of training find out why and discuss it with them.

### **8. SOUTH AUSTRALIAN TEAM MEMBER CODE OF CONDUCT**

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In addition to the Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by DBSA or in your role as a representative paddler of DBSA:

- a) A person is deemed to be a member of the South Australian Team from the day of their selection or appointment to one day after the completion of the final competition.
- b) All persons who from time to time are representing South Australia in a team under the auspices of DBSA shall act in accordance with the conduct outlined hereunder
  - i. be subject to the control, management and direction of the DBSA Reps or Team Management or any other person appointed by either of them;
  - ii. observe and comply with all directions and orders given by the DBSA Reps or Team management or any other person appointed by either of them
  - iii. be honest in your attitude and preparation to training. Work equally hard for yourself and your team/crew.
  - iv. cooperate with coaches, registered instructors and guides and staff in development of programs to adequately prepare you for competition at the highest level.
  - v. conduct themselves in a proper manner so as not to bring themselves, DBSA or the team generally into public disrespect or censure and to the absolute satisfaction of the DBSA Reps and Team Management;
  - vi. not to make, comment, issue, authorise, offer or endorse any public criticism or statement having or designed to have an effect prejudicial to the best interests of DBSA, dragon boat racing generally or the team;
  - vii. respect the law and customs at all times and in all places including in foreign countries;
  - viii. respect the facilities and equipment at all times.
  - ix. respect the culture and traditions of dragon boat racing
  - x. treat all persons with respect, dignity and proper regard for their rights and obligations;
  - xi. perform all duties and responsibilities as a representative of DBSA in a mature, fair and professional manner,
  - xii. demonstrate and ensure a positive commitment to DBSA 's programs, policies and sponsors;
  - xiii. not disclose to any unauthorised person or organisation information which is of a confidential or privileged nature;
  - xiv. not misuse funds or property of DBSA;
  - xv. not use information obtained in the course of employment or appointment or selection or otherwise on official duties in a nominated role to gain directly or indirectly a financial advantage for themselves or for any other person;
  - xvi. not promote, pass on, exchange or publish information whereby that information may be of a confidential, offensive, scandalous, unsubstantiated or derisive type;
  - xvii. not to harass, ridicule or embarrass a fellow appointee or representative of DBSA in such as way as would constitute an offence under Australian Federal or State legislation governing human rights and sex discrimination in force and effect from time to time;
  - xviii. not participate in nor promote any demonstration or propaganda of any kind or form including but not limited to political, religious or racial whilst in DBSA uniform;
  - xix. not defame or injure any person
  - xx. not use, attempt to use, have in his or her possession, attempt to have in his or her possession, traffic or attempt to traffic any illegal drug or substance;
  - xxi. not to use or consume alcohol to excess nor to encourage other persons to use or consume alcohol to excess
  - xxii. to ensure that all directions given by DBSA and/or its authorised representatives regarding the wearing of appropriate attire whilst representing DBSA are adhered to;
  - xxiii. not to take liberties with the privacy of other persons;
  - xxiv. to ensure that all persons avoid unaccompanied and unobserved activities with persons under the age of 18



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- xxv. to act at all times in a manner beyond reproach and in such a way as to ensure good relations within and between teams;
- xxvi. to preclude people not associated with the team from fraternising with the team members during competitions without the authority of the DBSA Reps or Team Management.

### **9. AUSTRALIAN TEAM MEMBER CODE OF CONDUCT**

In addition to the Code of Conduct, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by AusDBF or in your role as a representative paddler of AusDBF:

- c) A person is deemed to be a member of the Australian Team from the day of their selection or appointment to one day after the completion of the final competition.
- d) All persons who from time to time are representing Australia in a team under the auspices of AusDBF shall act in accordance with the conduct outlined hereunder
  - i. be subject to the control, management and direction of the AusDBF Reps or Team Management or any other person appointed by either of them;
  - ii. observe and comply with all directions and orders given by the AusDBF Reps or Team management or any other person appointed by either of them
  - iii. be honest in your attitude and preparation to training. Work equally hard for yourself and your team/crew.
  - iv. cooperate with coaches, registered instructors and guides and staff in development of programs to adequately prepare you for competition at the highest level.
  - v. conduct themselves in a proper manner so as not to bring themselves, AusDBF or the team generally into public disrespect or censure and to the absolute satisfaction of the AusDBF Reps and Team Management;
  - vi. not to make, comment, issue, authorise, offer or endorse any public criticism or statement having or designed to have an effect prejudicial to the best interests of AusDBF, dragon boat racing generally or the team;
  - vii. respect the law and customs at all times and in all places including in foreign countries;
  - viii. respect the facilities and equipment at all times.
  - ix. respect the culture and traditions of dragon boat racing
  - x. treat all persons with respect, dignity and proper regard for their rights and obligations;
  - xi. perform all duties and responsibilities as a representative of AusDBF in a mature, fair and professional manner,
  - xii. demonstrate and ensure a positive commitment to AusDBF's programs, policies and sponsors;
  - xiii. not disclose to any unauthorised person or organisation information which is of a confidential or privileged nature;
  - xiv. not misuse funds or property of AusDBF;
  - xv. not use information obtained in the course of employment or appointment or selection or otherwise on official duties in a nominated role to gain directly or indirectly a financial advantage for themselves or for any other person;
  - xvi. not promote, pass on, exchange or publish information whereby that information may be of a confidential, offensive, scandalous, unsubstantiated or derisive type;
  - xvii. not to harass, ridicule or embarrass a fellow appointee or representative of AusDBF in such a way as would constitute an offence under Australian Federal or State legislation governing human rights and sex discrimination in force and effect from time to time;
  - xviii. not participate in nor promote any demonstration or propaganda of any kind or form including but not limited to political, religious or racial whilst in AusDBF uniform;
  - xix. not defame or injure any person
  - xx. not use, attempt to use, have in his or her possession, attempt to have in his or her possession, traffic or attempt to traffic any illegal drug or substance;



# DragonBoatSA

## Policy and Procedures

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- xxi. not to use or consume alcohol to excess nor to encourage other persons to use or consume alcohol to excess
- xxii. to ensure that all directions given by AusDBF and/or its authorised representatives regarding the wearing of appropriate attire whilst representing AusDBF are adhered to;
- xxiii. not to take liberties with the privacy of other persons;
- xxiv. to ensure that all persons avoid unaccompanied and unobserved activities with persons under the age of 18
- xxv. to act at all times in a manner beyond reproach and in such a way as to ensure good relations within and between teams;
- xxvi. to preclude people not associated with the team from fraternising with the team members during competitions without the authority of the AusDBF Reps or Team Management.

**Endorsed by:**

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**DragonBoatSA Chairman on behalf of the  
DragonBoatSA**

...../...../.....  
**Date**