



**Subject On Water Training Protocol  
West Lakes & Port River**

**Subject No: DBSA 030  
Issue No: 1  
Date of Issue: August 09**

## **DRAGON BOAT TRAINING PROTOCOL – On Water**

The following instructions must be observed by all Dragon Boats when training at West Lakes and on the Port River and all users should familiarize themselves with this protocol.

- When training at West Lakes, dragon boats will remain as close as practical to the right hand side of the lake at all times.
- For the benefit of other users, dragon boats will travel around Delphin Island in a clock-wise direction i.e. Delphin Island will be on the dragon boat’s right.
- When using the new rowing course during training, dragon boats will maintain a course as close as practical to the right hand side of the lake when moving up to the start line at Trimmer Parade.
- Dragon boats must remain in that transit lane when traveling toward Trimmer Parade.
- Dragon boats must remain aware of all other traffic in their vicinity and take all actions to avoid collisions at all times.
- If a Dragon boat crew is in a position of having a rowing craft approaching they must loudly and clearly alert the rowing crew of approaching danger i.e. shout “Look ahead Rower”.
- Dragon boats need to take particular care in the vicinity of rowing sculls as they do not have the same ability to watch craft in front of them and they are not as maneuverable.
- When training on the Port River the rules of navigation must be observed – travel as close as practical to the right hand side of the river and be aware of other traffic.
- If we all observe the rules of navigation we will avoid any incidents which could cause damage to equipment or worse still, cause physical danger to participants.

**Endorsed by:**

.....  
**DragonBoatSA Chairman on behalf of the  
DragonBoatSA**

...../...../.....  
**Date**