

**AusDBF SWEEP ACCREDITATION SCHEME**

**WRITTEN TEST**

Please complete your personal details below before undertaking the test. Once you have answered all questions hand the test back to the person conducting the sweep accreditation.

There are 20 multiple choice questions in total. Answer all questions by placing a circle around the letter which represents your answer e.g.

- Q What is the name of the State Body for Dragon Boating in New South Wales?
- (a) New South Wales Dragon Boating
  - (b) Dragon Boats NSW Inc
  - (c) Dragon Boating NSW
  - (d) NSW Dragon Boating Association

*N.B. There is only one correct answer for each question*

**PERSONAL DETAILS**

NAME \_\_\_\_\_

CLUB \_\_\_\_\_

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

## QUESTIONS

1. When steering a dragon boat you must always keep to the left and travel in a clockwise direction?
  - (a) True
  - (b) False
  
2. A "provisional" category of accreditation allows you to sweep which crews in races:
  - (a) Corporate Crews only
  - (b) Sports Crews only
  - (c) Both Sports and Corporate Crews
  - (d) None - Only allowed to sweep at training sessions
  
3. What is the recommended minimum number of people required to lift a dragon boat?
  - (a) 5
  - (b) 10
  - (c) 15
  - (d) 20
  
4. How far must paddlers be able to swim fully clothed to negate the need to wear a PDA?
  - (a) 25 metres
  - (b) 50 metres
  - (c) 75 metres
  - (d) 100 metres
  
5. Under what climatic conditions must you never take a dragon boat onto the water?
  - (a) Overcast and raining
  - (b) Over 35 degrees centigrade
  - (c) Snow
  - (d) Thunder/electrical storm
  
6. If training before sunrise or after sundown, whose responsibility is it to ensure that a dragon boat has lights fitted?
  - (a) Sweep
  - (b) Coach
  - (c) Team Captain
  - (d) Strokes
  
7. What is the minimum height that lights must be above the dragon boat?
  - (a) 1 centimetre
  - (b) 1.5 centimetres
  - (c) 1 metre
  - (d) 1.5 metres
  
8. Once all paddlers are seated in a dragon boat what must the sweep do?
  - (a) Conduct a head count
  - (b) Ensure all paddlers have water bottles
  - (c) Ensure all paddlers have been to the toilet
  - (d) Install the sweep oar

9. What does "Hold Water" mean?
  - (a) All paddlers stop the dragon boat quickly by holding the blade vertically in the water
  - (b) All paddlers press the blade of the paddle flat on the water to hold the dragon boat stable
  - (c) All paddlers lift their paddles out of the water to let the dragon boat glide
  - (d) All paddlers hold their blades still in the water to keep the dragon boat stationary
  
10. Before leaving the embarking area, the sweep must ensure:
  - (a) All paddlers have water bottles
  - (b) The boat is correctly balanced
  - (c) All paddlers have paid their registration fees
  - (d) All of the above
  
11. When reversing a dragon boat what must you do?
  - (a) Always reverse towards your new line
  - (b) Look behind to ensure there are no other craft behind you (especially another dragon boat)
  - (c) Take the sweep oar out of the water
  - (d) All of the above
  
12. During a race, if a collision is imminent, what must the sweep do?
  - (a) Instruct paddlers to paddle faster to get out of the way
  - (b) Continue paddling and advise the other dragon boat to move out of the way
  - (c) Stop the dragon boat
  - (d) Instruct paddlers to keep paddling
  
13. At a race, if you experience a problem at the start line what do you do?
  - (a) Hold up your hand and instruct the drummer to do the same
  - (b) Yell to the starter that you have a problem
  - (c) Advise the crews around you that you have a problem
  - (d) Get the crew to back paddle away from the start line so that the starter is aware you have a problem
  
14. In the event of a dragon boat capsizing what actions needs to be taken?
  - (a) Each paddler should immediately account for their buddy
  - (b) The sweep should immediately ensure that all the crew are accounted for by calling out their numbers and ensuring a response is received
  - (c) The crew must initially stay with the dragon boat
  - (d) All of the above
  
15. If a sweep believes that during a regatta a crew has consumed alcohol which may affect their ability while racing what should they do?
  - (a) Report their concerns to the Race Controller prior to leaving the shore so that he/she can make a call as to whether the crew should be allowed to race
  - (b) If they think the crew is safe to race then continue to do so
  - (c) Advise the crew that you cannot take them out on the course
  - (e) Continue racing and ignore any alcohol consumption

16. Before taking a crew out for a training session or a race what must you do?
- (a) Decide seating positions of paddlers before entering the dragon boat
  - (b) Ensure all paddlers are briefed on the 'buddy system'
  - (c) The crew have 'numbered off' from the front of the dragon boat
  - (d) All of the above
17. Under the 'Buddy System' who is responsible for the safety of the drummer?
- (a) The Sweep
  - (b) Paddlers in row one (strokes)
  - (c) Rescue personnel
  - (d) No one
18. How should paddlers load into, and unload out of, a dragon boat?
- (a) Always from the side of the dragon boat
  - (b) Always from the side of the dragon boat closest to the shore
  - (c) Always from the front of the dragon boat
  - (d) No specific direction
19. At a race event when you get the crew to 'number off' what number is the drummer?
- (a) One
  - (b) Two
  - (c) Three
  - (f) Twenty Two
20. What equipment is required to be available at every training session?
- (a) First Aid Kit
  - (b) Bailers
  - (c) 10 metres of rope
  - (d) All of the above

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