



AusDBF Level 1 - Coaching Course Re-accrreditation

Overview

Level 1 - Coaching Course Accreditation has an expiry date of four years from its date of issue. At that time, in order to continue coaching coaches must either:

- 1) update their accreditation through the relevant re-accrreditation process
- 2) or repeat the AusDBF Level 1 - Coaching Course in its entirety

Please note that coaches who were accredited under the one day course will be required to repeat the AusDBF Level 1 - Coaching Course in its entirety

The expiry date is clearly shown on accreditation certificates/ID cards. If you are unsure of what your accreditation details are, please check with your State Association.

It is the responsibility of each coach to maintain their accreditation and to keep a record of active coaching and updating / development activities. **These details are to be presented to the relevant, appointed State based AusDBF Coaching assessors, in consideration for reaccrreditation. State Associations have a list of Coaching assessors.**

If electing to do the reaccrreditation process rather than repeat the AusDBF Level 1 – coaching course the following are the requirements:

Updating

Updating is a policy that requires coaches and officials to complete a variety of activities over the accreditation period to ensure quality coaching by maintaining current knowledge and practice at the level of their accreditation.

Level 1 Dragon Boat Coaches are required to update their accreditation at least every four (4) years in order to remain accredited.

AusDBF accredited coaches may update by completing the next level qualification; or, re-accrrediting at their current level; or, completing a requisite number of **updating education and/or activities totalling 80 hours.**

Practical Coaching

Fifty per cent of the required updating hours for each level must be completed through practical coaching.

Half of these practical coaching hours can be self-monitored through the use of a coaching logbook. The other half of the practical coaching hours must be signed off in the logbook by an authorised coach within dragon boating (state or regional coaching director or a coach with a higher level of qualification or an authorised AusDBF Level 1 Coach presenter).

Practical coaching can be undertaken with any level of athlete or team and may occur on a regular basis (weekly, fortnightly) or in specific situations such as camps, clinics.

The remainder of the updating hours can be completed by any combination of the following activities:

Coach Education

Lecture/attendance at a coaching course

Become a mentor for another coach

Supervise coaching practice hours (NCAS training program requirement) for another coach

Write and/or publish an article related to an aspect of coaching

Self-Education

Sport specific coaching seminar

General coaching seminar (eg conducted through a state coaching centre, state institute/academy, Department. Sport and Recreation)

Disability Education Program modules

Sports Medicine Australia Sports Trainers course

Recognised First Aid course

Sports massage course

Sports Administration course

Leadership/communication training programs (for related topics)

Attend another NCAS course eg Level 1 Swimming course

Observe a coaching session of a senior coach

Participate in activities of the Coaches forum

Other negotiated activities may be included in this category.

Coaching History:

During the four-year period, the coach will be required to fulfil the following:

- Be actively involved in coaching dragon boating as part of a coaching team or working individually for at least three- years during the length of the four-year accreditation period.
- Produce sample records from coaching history such as training plans, training diary, mentoring sessions etc.
- Hold current membership of a State Association for a minimum of three years of the four-year term of the accreditation.

Further Coaching Development/Education.

Produce attendance records for the following:

- Attendance at coaching education courses – provide receipts for courses
- Attendance at IDBF, AusDBF, State Association convened coaching and development seminars (e.g. IDBF Coaching Workshop held in Adelaide 2016)
- Enrolment in professional development activities / courses - leadership, management, general sport development – provide receipts or have presenter sign work book
- Enrolment in complimentary physical skills course e.g., strength & conditioning, sports strapping, stretching & flexibility courses, sports nutrition or the like which will add value to coaching abilities – provide enrolment receipts for courses
- Coaching leadership – participation as club coaching coordinator, mentoring coaches
- Writing coaching articles, presentations and resources developed – supply copies or electronic links to material



AusDBF Level 1 - Coaching Re-Accreditation Application

1. First Name: -
2. Surname: -
3. Email: -
4. Phone: -
5. DOB: -
6. Club: -
7. State: -
8. Coach ID Number: -
9. Coaching History: Please list below the supporting documents attached
 - 9a)
 - 9b)
 - 9c)
 - 9d)
10. Coaching Development: Please list and provide copies of attendance details
 - 10a)
 - 10b)
 - 10c)
 - 10d)

Checklist - Please provide the following documents:

- Signed letter from Club President or Secretary verifying coaching history and special activities undertaken over the past four years. (e.g. coach club Auschamp's Squad)
- Signed letter from State Association President or Coaching Director or Development Officer to verify membership history eg must be current financial member of state association
- Signed and dated Coaches Code of Conduct document
- Current first aid qualifications – number with expiry date
- Current Child protection clearance WWC / Blue Card - number with expiry date (this is now mandatory for all AusDBF coaches)

• Pay fee - \$100 to cover reaccreditation and issue of new card for another four-year term. **Payment to AusDBF details below and PLEASE include in Reference line:**

CL1-R <your name>

AusDBF Bank details: BSB 013 132: A/C 294013586

Email receipt details to: accounts@ausdbf.com.au