

## DRAGONBOAT SA's CORPORATE CHALLENGE



**Hotels, Fitness & Health Groups, Corporate & Social Team Competition**

**Sunday, 2<sup>nd</sup> February 2020 (10am-2pm)**  
to be held at Aquatic Reserve, Bower Road, West Lakes

### Team Sheet

Team Division:       Social       Corporate       Hotel       Health       Fitness  
Categories:           Open       Mixed       Women      (refer below for crew compositions)

Company Name: .....      Team Name: .....

Team Manager: Name: .....      Email: .....      Phone: .....

### Team Composition

Teams will have no more than 12 people on board – 10 paddlers, a drummer and a sweep. **DragonBoat SA will provide all teams with a fully accredited sweep and a drummer.** Minimum age for a paddler is 12 years of age. A maximum of 12 paddlers can be nominated on the Team Sheet (which includes 2 interchange/reserve paddlers). Minimum paddler numbers to race is 8.

### Crew Composition

Teams may race in 3 categories (subject to entries), if they choose to – Open, Mixed, Womens. Crew compositions are:

- **Open teams** can be comprised of either gender paddlers.
- **Mixed teams** need to have a minimum of 5 of either gender paddlers. There needs to be a minimum of 8 paddlers in each team. If this option is not available, then the Open category can be entered. Drummers and sweeps can be of either gender.
- **Womens teams** – all women (including sweep & drummer)

*Please note: Only 1 (one) DragonBoat SA registered paddler can be listed on the Team Sheet.*

Record details below for each Crew Member participating.

No	Name	Male/Female	Contact email address or phone no
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			