



## POLICY: MEDICAL

<b>Policy No</b>	042	<b>Issue</b>	7
<b>Date of Board Approval</b>	11 February 2020	<b>Scheduled review date</b>	February 2021

### Introduction

DragonBoat SA encourages all participants, volunteers and officials to ensure that they are fit to participate in the sport and that their risks to health, safety and well-being are minimised.

### Purposes

The purpose of this policy is to highlight to paddlers the importance of regular medical check-ups as part of their duty of care for themselves and others.

### Policy

DBSA urges everyone to have regular medical check-ups.