



## POLICY: MEDICAL

<b>Policy No</b>	042	<b>Issue</b>	<b>8</b>
<b>Date of Board Approval</b>	10 February 2020	<b>Scheduled review date</b>	February 2022

### Introduction

DragonBoat SA encourages all participants, volunteers and officials to ensure that they are fit to participate in the sport and that their risks to health, safety and well-being are minimised.

### Purposes

The purpose of this policy is to highlight to paddlers the importance of regular medical check-ups as part of their duty of care for themselves and others.

### Policy

DBSA urges everyone to have regular medical check-ups.