



POLICY: SUNSMART

Policy No	001	Issue			12
Board Approval	November 2023	Review cycle	3-yearly	Next review	November 2026

Purpose

The health of participants, members and supporters is of primary concern to DragonBoat SA.

DragonBoat SA acknowledges that skin cancer is primarily a preventable disease and will actively encourage and support skin protection at all competitions, training, events and functions with which they are associated.

This purpose of this policy is to actively encourage participants to comply with this policy which has been developed in line with the Cancer Council of South Australia SunSmart Policy.

Sun Protection strategies:

1. Actively encourage all participants, members and officials to routinely wear skin protective clothing and wear sunglasses.
2. Explore opportunities to redesign existing uniforms to be more sun protective where appropriate.
3. Make maximum use of shade facilities and encourage all DragonBoat SA clubs to provide adequate shade areas for all participants, officials at competitions, training and events.
4. Actively encourage and remind individuals to bring their own shade structures to competitions, events and functions.
5. Encourage members to routinely use broad-spectrum water-resistant SPF 50+ sunscreen and stress the importance of regular re-application (around every 2 hours).
6. Regularly promote sun safety through publications and meetings during the season.
7. Encourage senior participants, coaches, officials and parents to be positive SunSmart role models.