

## **POLICY: ON WATER TRAINING PROTOCOL – WEST LAKES & PORT RIVER**

<b>Policy No</b>	030			<b>Issue</b>	<b>10</b>
<b>Board Approval</b>	November 2024	Review cycle	3-yearly	<b>Next review</b>	November 2027

### **Purpose**

This Policy outlines the on-water protocols that must be observed by all Dragon Boats when training at West Lakes and on the Port River, and all users should familiarise themselves with this protocol.

### **Policy**

1. All crews must always wear an approved 50 or 50S PFD when training on the water at West Lakes or the Port River.
2. While training, Sweeps are to:
  - ensure that a First Aid Kit is available
  - a mobile phone (or other communication device) is taken out on every occasion
  - be aware where the closest defib is located
  - ensure that the safety equipment is on board (ie tow rope, bailers etc)
  - know how many are in the boat for the training session.
3. Before using the rowing course, check for any course restrictions issued by Rowing SA.
4. When training at West Lakes, dragon boats will remain as close as practical to the right hand side of the lake at all times.
5. For the benefit of other users, dragon boats will travel around Delfin Island in a clockwise direction i.e. Delphin Island will be on the dragon boat's right.
6. When using the rowing course during training, dragon boats will maintain a course as close as practical to the right hand side of the lake when moving up to the start line at Trimmer Parade.
7. Dragon boats must remain in that transit lane when traveling toward Trimmer Parade.
8. If a dragon boat wishes to stop on the Rowing Course, it must move to the right-hand shore and, when moving away from the shore, ensure that no other craft is in the vicinity.
9. When crossing the course, the dragon boat must ensure the course is clear and takes the shortest possible route to the other side.
10. Dragon boats must remain aware of all other traffic in their vicinity and take all actions to always avoid collisions.
11. If a dragon boat crew is in a position of having a rowing craft approaching, they must loudly and clearly alert the rowing crew of approaching danger i.e. shout, "Look ahead Rower".
12. Dragon boats need to take particular care in the vicinity of rowing sculls as they do not have the the same ability to watch craft in front of them, and they are not as maneuverable.



13. When training on the Port River, the rules of navigation must be observed – travel as close as practical to the right-hand side of the river and be aware of other traffic.
14. If we all observe the rules of navigation, we will avoid any incidents that could cause physical danger to participants or damage to equipment. If an incident happens, a Safe 365 report must be completed.
15. Visible lights must be placed on the front and rear of the boat and must be used between sunset and sunrise (when conditions are dark).
16. Clubs are reminded to be respectful of residents and other lake users and refrain from making unnecessary noises.